May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sewing- 10am - 2 pm	2	Wolf Trail Program 10:30 am - 12:30 pm
	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	
6	7 Service Canada Applications 1-3 pm Food Pantry - open &	Bannock Making w/ Doreen 1-3 pm Food Pantry - open &	9 Mother's Day Brunch/ Lunch Grandmothers Circle 10 am - 2 pm Food Pantry - open &	Wolf Trail Program 10:30 am - 12:30 pm
13	drop-in 10:00 - 2:00 pm	drop-in 10:00 - 2:00 pm	drop-in 10:00 - 2:00 pm	17
		Wellness Circle 1-3 pm	Cree Classes #3 1- 3 PM	Wolf Trail Program 10:30 am - 12:30 pm Hearing Clinic 1- 3 PM
	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	
20 Office Closed - Victoria Day	Craft - Breastplate 1 - 3 pm	Crib Tourney 1-3 pm	Ceremony 1- 3 PM	Wolf Trail Program- Potluck 10:30 am - 12:30 pm
	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	
27	Residential school legacy/ Lateral Violence WS 1-3 pm	29 Wellness Circle 1-3pm	30 Birthday Cake Day 1-3PM	31
	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	Food Pantry - open & drop-in 10:00 - 2:00 pm	



Circle of Wisdom Elders & Seniors Centre

Hours of Operation: Monday to Friday 9:00 am to 5:00 pm

Location: #100, 1603-10 Ave SWCalgary, Alberta, Canada T3C 0J7

Contact Us: 587.350.4789 info@circleofwisdom.ca www.circleofwisdom.ca

Circle of Wisdom Elders & Seniors Centre provides a safe space for the diversity of Calgary's Indigenous community in preserving traditions, culture, and keeping the circle strong for our future leaders.

All programs are free. Call **587-350-4789** to register for all programs. Workshops can be done via ZOOM upon request; if you need a laptop for the day, let us know and we can set you up.