## May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:30 Morning Smudge and Prayer	2 10:30 Morning Smudge and Prayer	3 10:30 Morning Smudge and Prayer	4 10:30 Morning Smudge and Prayer	5 10:30 Morning Smudge and Prayer
8 10:30 Morning Smudge and Prayer	9 10:30 Morning Smudge and Prayer Craft Day 1-3pm	10 10:30 Morning Smudge and Prayer	11 10:30 Morning Smudge and Prayer Mother's Day Spa! 1-3pm	12 10:30 Morning Smudge and Prayer
15 10:30 Morning Smudge and Prayer	16 10:30 Morning Smudge and Prayer Sewing Circle 1-3pm	17 10:30 Morning Smudge and Prayer	18 10:30 Morning Smudge and Prayer Grief & Loss: Art & Music Therapy	19 10:30 Morning Smudge and Prayer
22 10:30 Morning Smudge and Prayer Closed!	23 10:30 Morning Smudge and Prayer	24 10:30 Morning Smudge and Prayer	25 10:30 Morning Smudge and Prayer	26 10:30 Morning Smudge and Prayer Soup and Bannock!
29 10:30 Morning Smudge and Prayer Dental Clinic 1-3 PM	30 10:30 Morning Smudge and Prayer Birthday Cake Day! 12-3 PM	31 10:30 Morning Smudge and Prayer Reading Circle 1-3pm	June 1 10:30 Morning Smudge and Prayer	2 10:30 Morning Smudge and Prayer



## Circle of Wisdom Elders & Seniors Centre

Hours of Operations: Monday to Friday 9:00 am to 5:00 pm

Location: #100, 1603-10 Ave SWCalgary, Alberta, Canada T3C 0.J7

Contact Us: 587.350.4789 info@circleofwisdom.ca www.circleofwisdom.ca

Circle of Wisdom Elders & Seniors Centre provides a safe space for the diversity of Calgary's Indigenous community in preserving traditions, culture, and keeping the circle strong for our future leaders.

All programs are free. Call **587-350-4789** to register for all programs. Workshops can be done via ZOOM upon request; if you need a laptop for the day, let us know and we can set you up.