

April 2023



April – Sucker Moon

The fourth moon of Creation is Sucker Moon, when sucker goes to the Spirit World in order to receive cleansing techniques for this world. When it returns to this realm, it purifies a path for the Spirits and cleanses all our water beings. During this time, we can learn to become healed healers.

Kanawayhitowin

Circle of Wisdom Elders & Seniors Centre

Monday	Tuesday	Wednesday	Thursday	Friday	Circle of Wisdom Elders & Senior Centre <u>Hours of Operations:</u> Monday to Friday 8:30 am to 4:30 pm <u>Location:</u> #100, 1603 - 10 Ave SW Calgary, Alberta Canada T3C 0J7 <u>Contact Info:</u> 587.350.4789 info@circleofwisdom.ca www.circleofwisdom.ca <i>"Circle of Wisdom Elders & Senior Centre provides a safe space for the diversity of Calgary's Indigenous community in preserving traditions, culture in keeping the circle strong for our future leaders."</i> ALL PROGRAMS ARE DONE ON ZOOM upon request.
3. 10:30 Morning Smudge and prayer Open pantry	4. 10:30 Morning Smudge and prayer Open pantry	5. 10:30 Morning Smudge and prayer Open pantry Ducks in a Row Estate Planning: The importance of Power of Attorney, Personal Directive, Wills and Prerearrangements 1-3pm	6. 10:30 Morning Smudge and prayer Open pantry Cooking Circle: Come learn and share how to make Bannock! First Full Moon of Spring	7. 10:30 Morning Smudge and prayer Closed!! Good Friday	
10. 10:30 Morning Smudge and prayer Closed!! Easter Monday	11. 10:30 Morning Smudge and prayer Open pantry Craft Time 12-4pm	12. 10:30 Morning Smudge and prayer Open pantry	13. 10:30 Morning Smudge and prayer Open pantry Care Packages	14. 10:30 Morning Smudge and prayer Pablo – Medicine Wheel Teachings 1-4pm	
17. 10:30 Morning Smudge and prayer Open pantry Dental Clinic 10-3pm Please call to register	18. 10:30 Morning Smudge and prayer Open pantry	19. 10:30 Morning Smudge and prayer Open pantry	20. 10:30 Morning Smudge and prayer Open pantry Ceremony with Elder Ernie Poundmaker 11-2pm New Moon	21. 10:30 Morning Smudge and prayer Soup and Bannock!! 11-1pm	
24. 10:30 Morning Smudge and prayer Open pantry	25. 10:30 Morning Smudge and prayer Open pantry Birthday Cake Day!!!! Come join us for cake if your Birthday was in April!!	26. 10:30 Morning Smudge and prayer Open pantry Reading Circle 1-3pm	27. 10:30 Morning Smudge and prayer Open pantry Grandmothers Circle - Potluck 10-2pm	28. 10:30 Morning Smudge and prayer Crib Tournament!! 1-3pm	

*All programs are free with focus on our community Indigenous Elders & Seniors within Calgary and area. Must call **587.350.4789** to register for all programs. All Workshops are on ZOOM upon request, if you need a laptop for the day, let us know and we can set you up.*