

December



2022

December – Little Spirit Moon

The twelfth moon of Creation is the Little Spirit Moon, a time of healing. By receiving both vision of the spirits and good health, we may walk the Red Road with purest intentions, and we can share this most positive energy with our families and friends for the good of all.

Kanawayhitowin

Circle of Wisdom s & Seniors Centre

Monday	Tuesday	Wednesday	Thursday	Friday	Circle of Wisdoms & Senior Centre <u>Hours of Operations:</u> Monday to Friday 9:00 am to 5:00 pm <u>Location:</u> #200, 1603 - 10 Ave SW Calgary, Alberta Canada T3C 0J7 <u>Contact Info:</u> 587.350.4789 info@circleofwisdom.ca www.circleofwisdom.ca <i>"Circle of Wisdoms & Senior Centre provides a safe space for the diversity of Calgary's Indigenous community in preserving traditions, culture in keeping the circle strong for our future leaders."</i> ALL PROGRAMS ARE DONE ON ZOOM
28. 10:30 Morning Smudge and prayer Open pantry 1-3	29. 10:30 Morning Smudge and prayer Open pantry 1-3	30. 10:30 Morning Smudge and prayer Open pantry 1-3	1. 10:30 Morning Smudge and prayer Open pantry 1-3	2. 10:30 Morning Smudge and prayer Cree Lessons with Ernie	
5. 10:30 Morning Smudge and prayer Open pantry 1-3	6. 10:30 Morning Smudge and prayer Grandmothers Circle Christmas Potluck, craft & Gift exchange 10-3pm Open pantry 1-3	7. 10:30 Morning Smudge and prayer Open pantry 1-3 Men's Sweat 3-7pm	8. 10:30 Morning Smudge and prayer Open pantry 1-3	9. 10:30 Morning Smudge and prayer Cree Lessons with Ernie	
12. 10:30 Morning Smudge and prayer Open pantry 1-3	13. 10:30 Morning Smudge and prayer Open pantry 1-3	14. 10:30 Morning Smudge and prayer Christmas Elders and Seniors Luncheon - please call the Centre to register!!	15. 10:30 Morning Smudge and prayer Grief and Loss workshop 1-3pm Open pantry 1-3pm	16. 10:30 Morning Smudge and prayer Cree Lessons with Ernie	
19. 10:30 Morning Smudge and prayer Open pantry 1-3	20. 10:30 Morning Smudge and prayer Open pantry 1-3	21. 10:30 Morning Smudge and prayer Open pantry 1-3	22. 10:30 Morning Smudge and prayer Open pantry 1-3	23. Center Closed for Christmas break. Enjoy your time with your family and friends. Take time for yourself, and we will see you in the New year.	
26. Center closed 	27. Center closed	28. Center closed	29. Center closed	30. Center Closed	

All programs are free with focus on our community Indigenous Elders & Seniors within Calgary and area. Must call **587.350.4789** to register for all programs. All Workshops are on ZOOM, if you need a laptop for the day, let us know and we can set you up.