



July 2022

Circle of Wisdom & Seniors Centre

Monday	Tuesday	Wednesday	Thursday	Friday
Circle of Wisdom Newsletter https://circleofwisdom.ca/circle-of-wisdom-elders-seniors-centre-newsletter-				1. Closed Holiday
4. 10:30 am Smudge Open Pantry 1-3 pm	5. 10:30 am Smudge Open Pantry 1-3 pm	6. 10:30 am Smudge Open Pantry 1-3pm Navigating your cellphone 1-3 pm	7. 10:30 am Smudge Open Pantry 1-3 pm	8. 10:30 am Smudge
11. 10:30 am Smudge Open Pantry 1-3 pm	12. 10:30 am Smudge Open Pantry 1-3 pm Drop in 1-4 pm	13. 10:30 am Smudge Open Pantry 1-3 pm Care Packages	14. 10:30 am Smudge Open Pantry 1-3 pm Care Packages	15. 10:30 am Smudge Care Package
18. 10:30 am Smudge Open Pantry 1-3 pm	19. 10:30 am Smudge Open Pantry 1-3 pm Drop in 1-4 pm	20. 10:30 am Smudge Open Pantry 1-3 pm	21. 10:30 am Smudge Open Pantry 1-3 pm Wellness with Lois 10-2pm	22. 10:30 am Smudge Open Pantry 1-3 pm
25. 10:30 am Smudge Open Pantry 1-3 pm Grandmother's Circle 10-2pm	26. 10:30 am Smudge Open Pantry 1-3 pm Drop in 1-4 pm	27. 10:30 am Smudge Open Pantry 1-3 pm	28. 10:30 am Smudge Open Pantry 1-3 pm	29. 10:30 am Smudge

Hours of Operations:
Monday to Friday
9:00 am to 5:00 pm

Location:
#210, 1603-10 Ave SW
Calgary, Alberta, Canada T3C 0J7

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