

# October



# 2021

## Circle of Wisdom Elders & Seniors Centre

Monday	Tuesday	Wednesday	Thursday	Friday	<p><b>Circle of wisdom Elders &amp; Senior Centre</b></p> <p><u>Hours of Operations:</u> Monday to Friday 9:00 am to 5:00 pm <u>Location:</u> #200, 1603 - 10 Ave SW Calgary, Alberta Canada T3C 0J7 <u>Contact Info:</u> 587.350.4789 <a href="mailto:info@circleofwisdom.ca">info@circleofwisdom.ca</a> <a href="http://www.circleofwisdom.ca">www.circleofwisdom.ca</a></p>
<p><i>“Circle of Wisdom Elders &amp; Senior Centre provides a safe space for the diversity of Calgary’s Indigenous community in preserving traditions, culture in keeping the circle strong for our future leaders.”</i></p>				<p>1. 10:15 Morning Prayer</p>	
<p>4. 10:15 Morning Prayer</p>	<p>5. 10:15 Morning Prayer</p>	<p>6. 10:15 Morning Prayer</p>	<p>7. 10:15 Morning Prayer</p>	<p>8. 10:15 Morning Prayer</p>	
<p>11. 10:15 Morning Prayer Cultural teachings with Elder Ernie 10:00- 12:00</p>	<p>12.10:15 Morning Prayer</p>	<p>13.10:15 Morning Prayer 10am-12pm Drop in Beading with Tracy</p>	<p>14.10:15 Morning Prayer</p>	<p>15.10:15 Morning Prayer</p>	
<p>18. 10:15 Morning Prayer Cultural teachings with Elder Ernie 10:00- 12:00</p>	<p>19. 10:15 Morning Prayer 10:00 -12:00Surviving on a pension</p>	<p>20. 10:15 Morning Prayer 10am-12pm Drop in Beading with Tracy</p>	<p>21. 15 Morning Prayer 10:00 – 12:00 Grandmothers Circle</p>	<p>22. 10:15 Morning Prayer</p>	
<p>25 10:15 Morning Prayer 1:00 – 3:00 What you need to know when turning 65</p>	<p>26.10:15 Morning Prayer 10:00 – 12:00 Self-care</p>	<p>27.10:15 Morning Prayer 10am-12pm Drop in Beading with Tracy Cultural teachings with Elder Ernie 10:00- 12:00</p>	<p>28.10:15 Morning Prayer</p>	<p>29. 10:15 Morning Prayer</p>	